

Membership Freeze Policy

A freeze form must be completed at the front desk.

A membership may be frozen for a minimum of one (1) month up to a maximum of four (4) months and must be in consecutive one-month increments. You may freeze your membership once per calendar year.

\$10 freeze fee is due upon completion of the freeze form. (exemptions: medical/military leave with documentation)

All outstanding payments and charges must be paid before the membership can be frozen.

You will not be billed for frozen months, and monthly fees will resume automatically upon end of the freeze period. If you choose to cancel the membership during the freeze period, a cancellation form must be completed at the front desk within 30 days prior to the end of the freeze period.

A 30-day notice is required for all membership changes.

Medical/Military Freeze

A freeze may be issued for members of the military on temporary duty assignment or for medical purposes and frozen for up to a maximum of 12 months. Military orders or physician's notes are required. Monthly fees will resume automatically upon the end of the freeze period unless you choose to cancel during that time.