



FACILITY AGE POLICY

In order for members of all ages to have an enjoyable and safe experience at MAFC, we enforce the following guidelines:

***No child under the age of 14 may be “dropped off” at MAFC.
A responsible adult, age 18 or older, must accompany the child and remain in the facility with them.***

MAIN FACILITY & WATER PARK

- Age 14...Main Building or Water Park without responsible adult
- Age 13 & under...Responsible adult must accompany child at all times
- Age 18...Adult area of locker room

AQUATICS

- Age 16...Steam Room, Sauna, & Whirlpool
- Age 9 - 13...Responsible adult must be on the pool deck or in the pool
- Age 8 & under...Responsible adult must directly accompany child in the pool
- Age 18...Adult area of locker room

RACQUETBALL COURTS

- Age 16...May use racquetball courts
- Age 14 - 15...May play before 5pm on weekdays and anytime on weekends
- Age 13 & under...Must play with a responsible adult

FITNESS ROOM

- Age 9 & under...are not permitted in Fitness Room
- Age 10 - 13... Must complete a teen orientation and work directly with a responsible adult at all times by sharing equipment using single rep increments
- Age 14 - 15...Must complete a teen orientation and may workout without direct supervision
- Must be 12+ years to be on a treadmill or stair master
- Ages 10 - 11 years old hours: Monday - Wednesday: 8am - 5pm
Thursday - Sunday: Anytime

GROUP FITNESS CLASSES

- Age 14...to participate in Group Fitness Classes

WALKING TRACK

- Age 12...May use track if responsible adult is in the main building
- Age 6 - 11...Must use track with responsible adult

BASKETBALL COURTS

- Age 12...May use courts if responsible adult is in the main building
- Age 11 & under...Must play with responsible adult



Parents/responsible adults are liable for their child’s actions and behavior and are expected to be in a position to provide adequate supervision at all times. Unsafe or inappropriate behavior may result in the child being asked to leave the activity area or the facility.

A responsible adult is someone age 18 and older who will provide parental supervision for a child.